

Rhode Island District Health & Wellness Subcommittee (DHWS)

Toolkit Components

Front Matter

- 0.0 – Cover
- 0.1 – Binder Tabs
- 0.2 – Toolkit Components

I. Introduction

- 1.1 – Introduction
- 1.2 – P.L. 108-265 – Child Nutrition and WIC Reauthorization Act of 2004, Sec. 204 “Local Wellness Policy”
- 1.3 – RIPL Chapter 05-074/05-076 – An Act Relating to Education (on District Wellness Subcommittees, Policies & Plans)
- 1.4 – RIPL Chapter 06-231/06-234 – An Act Relating to School Committees and Superintendents (requiring healthier beverages and snacks in elementary and middle schools)
- 1.5 – RIPL Chapter 07-080/07-092 – An Act Relating to Education – Health and Safety of Pupils (requiring healthier beverages and snacks in high schools)
- 1.6 – RIPL Chapter 08-254/463 – An Act Relating to Curriculum – Instruction in Health and Physical Education (requiring alignment with state standards)

II. Process

- 2.1 – Suggested Steps and Timeline for DHWS
- 2.2 – Sample Agenda for 1st DHWS Meeting
- 2.3 – RIDE, District Strategic Plan Guidance
- 2.4 – RIDE, District Strategic Plans & Wellness Guidance
- 2.5 – RIDE, Physical Education Curriculum Law Memo
- 2.6 – American Cancer Society, *Improving School Health: A Guide to School Health Councils*

III. Tools

- 3.1 – Rhode Island Healthy Schools Coalition (RIHSC), School Nutrition Survey
- 3.2 – RIHSC, School Physical Activity/Physical Education Survey
 - a. Elementary
 - b. Middle
 - c. High
- 3.3 – CDC’s School Health Index
- 3.4 – Rhode Island School District Nutrition & Physical Activity Model Policy Language
- 3.5 – Rhode Island Nutrition Guidelines for School Vending & A La Carte Foods
- 3.6 – RI School Health & Wellness Checklist
- 3.7 – RI Nutrition Requirements 2009 for School Meals
- 3.8 – Approved Products for School Vending and A La Carte Foods in Rhode Island

IV. Data

- 4.1 – Childhood Obesity Data
- 4.2 – Information Works! / SALT Survey – Statewide Health Data (Health Risks, Students’ Point of View, Engaging Families & Communities, Incidents of Suspension)
- 4.3 – *Youth Health Risk Behaviors: How Rhode Island Schools Can Use Survey Data to Create a Healthy Environment for Students* (YRBS School Briefs)
- 4.4 – YRBS School Briefs, 2005 Update
- 4.5 – YRBS School Briefs, 2007 Update
- 4.6 – RIDE, Executive Summary: RI School Nutrition Environment Evaluation, Phase I
- 4.7 – Information Works! / SALT Survey – Local Health Data (Health Risks, Connectedness, Engaging Families & Communities)
- 4.8 – 2006 School Health Profiles Data on Physical Activity, Physical Education, Nutrition and Food Service
- 4.9 – Information Works! / SALT Survey – Local Health Data (Health Risks, Students’ Point of View, Engaging Families & Communities)

V. Resources

- 5.1 – Helpful Resources (websites)
- 5.2 – CDC, Make a Difference at Your School
- 5.3 – Rhode Island Farm-to-School
- 5.4 – RI Farm-to-School Update
- 5.5 – Rhode Island YMCAs
- 5.6 – YMCA Healthy Lifestyles Program
- 5.7 – RI Food-Safe School Program
- 5.8 – New England Food & Dairy Council (NEDFC) resources (website, Dairy and school wellness, Nutrition Expeditions)
- 5.9 – NFL and Action for Healthy Kids, ReCharge Energizing After School
- 5.10 – Safe Routes to School
- 5.11 – FRAC, Parent Outreach brochure
- 5.12 – CT Dept. of Ed, Healthy Celebrations
- 5.13 – CSPI, *Sweet Deals: School Fundraising Can Be Healthy and Profitable*
- 5.14 – thrive, *Rhode Island School District Health and Wellness Subcommittees: A Progress Report*