

R H O D E I S L A N D
2010 School Health Profiles Report
Trend Analysis Report - Principal Survey

| | Prevalence Survey Year | | | | | | |
|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| School Health Coordination | | | | | | | |
| Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas: | | | | | | | |
| Physical activity | | | | | | 40.4 | 43.0 |
| Nutrition | | | | | | 41.7 | 39.7 |
| Tobacco-use prevention | | | | | | 40.6 | 35.1 |
| Asthma | | | | | | 24.2 | 24.4 |
| Percentage of schools that currently have someone who oversees or coordinates school health and safety programs and activities | | | | | | 78.1 | 81.8 |
| Percentage of schools that have one or more than one group (e.g., a school health council, committee, or team) that offers guidance on the development of policies or coordinates activities on health topics | | | | | 51.8 | 54.9 | 53.4 |
| Percentage of schools that have the following groups represented on any school health council, committee, or team* | | | | | | | |
| School administrators | | | | | | 95.1 | 95.7 |
| Health education teachers | | | | | | 97.8 | 97.9 |
| Physical education teachers | | | | | | 90.7 | 93.9 |
| Mental health or social services staff | | | | | | 71.0 | 76.4 |

* Among those schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.

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|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools that have the following groups represented on any school health council, committee, or team* | | | | | | | |
| Nutrition or food service staff | | | | | | 86.0 | 81.4 |
| Health services staff (e.g., school nurse) | | | | | | 87.5 | 85.0 |
| Maintenance and transportation staff | | | | | | 23.3 | 20.1 |
| Student body | | | | | | 62.5 | 65.1 |
| Parents or families of students | | | | | | 71.7 | 80.3 |
| Community members | | | | | | 68.5 | 80.3 |
| Local health departments, agencies, or organizations | | | | | | 51.2 | 63.6 |
| Faith-based organizations | | | | | | 2.5 | 10.6 |
| Businesses | | | | | | 32.1 | 27.6 |
| Local government agencies | | | | | | 40.1 | 33.5 |
| Percentage of schools in which all staff who teach health education are certified, licensed, or endorsed by the state in health education | | | | | | 96.4 | 96.6 |

* Among those schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.

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|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| HIV Infection and AIDS Prevention | | | | | | | |
| Percentage of schools that require any school staff to receive professional development on HIV, STD, or pregnancy prevention issues and resources for the following groups: | | | | | | | |
| Ethnic/racial minority youth at high risk (e.g., black, Hispanic, or American Indian youth) | | | | | | 13.4 | 18.0 |
| Youth who participate in drop-out prevention, alternative education, or GED programs | | | | | | 11.7 | 24.5 |
| Percentage of schools that have a student-led club that aims to create a safe, welcoming, and accepting school environment for all youth, regardless of sexual orientation or gender identity | | | | | | 38.2 | 41.2 |
| Percentage of schools that have adopted a policy that addresses the following issues: | | | | | | | |
| Attendance of students with HIV infection | | | | | | 68.8 | 75.7 |
| Procedures to protect HIV-infected students and staff from discrimination | | | | | | 81.4 | 84.7 |
| Maintaining confidentiality of HIV-infected students and staff | | | | | | 83.4 | 88.3 |
| Worksite safety (i.e., universal precautions for all school staff) | | | | | | 91.2 | 90.5 |
| Confidential counseling for HIV-infected students | | | | | | 63.9 | 72.9 |
| Communication of the policy to students, school staff, and parents | | | | | | 70.3 | 73.1 |

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| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools that have adopted a policy that addresses the following issues: | | | | | | | |
| Adequate training about HIV infection for school staff | | | | | | 66.6 | 77.6 |
| Procedures for implementing the policy | | | | | | 68.6 | 73.5 |

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|---|---------------------------|------|------|------|-------|-------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Required Physical Education | | | | | | | |
| Percentage of schools that required physical education for students in any of grades 6 through 12 | | | | | 100.0 | 100.0 | 99.0 |
| Percentage of schools that taught a required physical education course in the following grades:* | | | | | | | |
| 6th grade | | | | | 100.0 | 97.5 | 97.7 |
| 7th grade | | | | | 100.0 | 98.0 | 98.1 |
| 8th grade | | | | | 100.0 | 98.0 | 98.1 |
| 9th grade | | | | | 100.0 | 100.0 | 94.0 |
| 10th grade | | | | | 97.6 | 97.2 | 94.0 |
| 11th grade | | | | | 100.0 | 100.0 | 94.0 |
| 12th grade | | | | | 97.5 | 97.2 | 94.0 |

* The 2008 and 2010 results published here differ slightly from the 2008 and 2010 results published in site reports. This is because the site reports excluded data from schools that do not contain the grade in the question. Because grade information is not available in a consistent format for all years, data from these schools are included in the trend analysis.

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|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which students could be exempted from taking required physical education for one grading period or longer for the following reasons:* | | | | | | | |
| Enrollment in other courses | | | | | 0.0 | 1.1 | 7.3 |
| Participation in school sports | | | | | 2.5 | 0.0 | 2.2 |
| Participation in other school activities (i.e., ROTC, band or chorus) | | | | | 0.0 | 0.0 | 1.2 |
| Participation in community sports activities | | | | | 1.2 | 0.0 | 2.2 |
| Religious reasons | | | | | 29.7 | 29.9 | 25.1 |
| Long-term physical or medical disability | | | | | 88.1 | 89.1 | 79.0 |
| Cognitive disability | | | | | 15.6 | 15.7 | 13.9 |
| High physical fitness competency test score | | | | | 0.0 | 1.1 | 2.3 |
| Participation in vocational training | | | | | 2.4 | 3.3 | 3.1 |
| Participation in community service activities | | | | | 0.0 | 1.2 | 2.1 |

* Among those schools that require physical education for students in any of grades 6 through 12.

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| | Prevalence | | | | | | |
|--|------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Physical Education and Physical Activity | | | | | | | |
| Percentage of schools in which physical education teachers or specialists received professional development on physical education during the two years before the survey | | | | | | 87.7 | 89.3 |
| Percentage of schools that provide those who teach physical education with the following materials: | | | | | | | |
| Goals, objectives, and expected outcomes for physical education | | | | | | 95.3 | 93.4 |
| A chart describing the annual scope and sequence of instruction for physical education | | | | | | 77.1 | 74.7 |
| Plans for how to assess student performance in physical education | | | | | | 84.6 | 77.9 |
| A written physical education curriculum | | | | | | 82.2 | 85.0 |
| Percentage of schools that offer opportunities for all students to participate in intramural activities or physical activity clubs | | | | | | 74.9 | 73.1 |

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| | Prevalence Survey Year | | | | | | |
|--|---------------------------|------|------|------|------|------|-------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Tobacco-Use Prevention Policies | | | | | | | |
| Percentage of schools that had adopted a policy prohibiting tobacco use | | | | | 97.7 | 95.1 | 96.9 |
| Percentage of schools that follow a policy that mandates a “tobacco-free environment.” A “tobacco-free environment” is one that prohibits tobacco use by students, staff, and visitors in school buildings, at school functions, in school vehicles, on school grounds, and at off-site school events, applicable 24 hours a day and seven days a week | | | | | 61.7 | 42.4 | 61.7 |
| Percentage of schools that had procedures to inform the following groups about the tobacco-use prevention policy that prohibits their use of tobacco:* | | | | | | | |
| Students | | | | | 97.6 | 97.2 | 100.0 |
| Faculty and staff | | | | | 96.5 | 94.8 | 96.7 |
| Visitors | | | | | 83.9 | 82.5 | 81.9 |
| Percentage of schools that have a tobacco-use prevention policy that includes guidelines on what actions the school should take when students are caught smoking cigarettes* | | | | | | 91.9 | 95.5 |
| Percentage of schools in which a single individual is responsible for enforcing the tobacco-use prevention policy* | | | | | | 54.7 | 48.1 |
| Percentage of schools that sometimes, almost always, or always took the following actions when students were caught smoking cigarettes: | | | | | | | |
| Notified parents or guardians | | | | | 98.9 | 97.4 | 100.0 |
| Referred students to a school counselor | | | | | 92.7 | 89.8 | 93.7 |

* Among those schools that have adopted a policy prohibiting tobacco use.

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| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools that sometimes, almost always, or always took the following actions when students were caught smoking cigarettes: | | | | | | | |
| Referred students to a school administrator | | | | | 100.0 | 98.9 | 100.0 |
| Encouraged, but not required, participation in an assistance, education, or cessation program | | | | | 75.4 | 79.7 | 77.8 |
| Required participation in an assistance, education, or cessation program | | | | | 48.3 | 53.5 | 51.6 |
| Referred students to legal authorities | | | | | 33.5 | 36.0 | 27.6 |
| Placed students in detention | | | | | 86.5 | 73.5 | 75.8 |
| Did not allow participation in extra-curricular activities or interscholastic sports | | | | | 61.3 | 64.5 | 62.1 |
| Gave students in-school suspension | | | | | 57.0 | 66.4 | 65.0 |
| Suspended students from school | | | | | 68.8 | 68.9 | 74.5 |
| Expelled students from school | | | | | 2.4 | 0.0 | 5.6 |
| Reassigned students to an alternative school | | | | | 3.6 | 3.5 | 4.4 |

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|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools that posted signs marking a tobacco-free school zone, that is, a specified distance from school grounds where tobacco use is not allowed | | | | | 73.2 | 74.8 | 76.2 |
| Percentage of schools that gathered and shared information with students and families about mass-media messages or community-based tobacco-use prevention efforts during the two years before the survey | | | | | | 40.0 | 37.4 |
| Percentage of schools that worked with local agencies or organizations to plan and implement events or programs intended to reduce tobacco use during the two years before the survey | | | | | | 45.7 | 42.8 |
| Percentage of schools that provide tobacco cessation services for faculty and staff | | | | | | 24.4 | 22.3 |
| Percentage of schools that provide tobacco cessation services for students | | | | | | 46.4 | 44.9 |
| Percentage of schools that have arrangements with any organizations or health care professionals not on school property to provide tobacco cessation services for faculty and staff | | | | | | 31.0 | 27.0 |
| Percentage of schools that have arrangements with any organizations or health care professionals not on school property to provide tobacco cessation services for students | | | | | | 40.1 | 32.8 |

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|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Nutrition-Related Policies and Practices | | | | | | | |
| Percentage of schools that always or almost always offer fruits or non-fried vegetables at school celebrations when foods or beverages are offered | | | | | | 40.0 | 46.2 |
| Percentage of schools in which students could purchase snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar | | | | | 89.5 | 78.1 | 66.7 |
| Percentage of schools in which students could purchase the following snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar: | | | | | | | |
| Chocolate candy | | | | | 26.4 | 7.0 | 0.0 |
| Other kinds of candy | | | | | 28.8 | 12.1 | 2.0 |
| Salty snacks that are not low in fat (e.g., regular potato chips) | | | | | 49.8 | 18.3 | 8.5 |
| Cookies, crackers, cakes, pastries, or other baked goods that are not low in fat | | | | | | 20.9 | 8.8 |
| Ice cream or frozen yogurt that is not low in fat | | | | | | 24.7 | 5.7 |
| 2% or whole milk (plain or flavored) | | | | | 67.9 | 38.0 | 26.5 |
| Water ices or frozen slushes that do not contain juice | | | | | | 8.4 | 6.6 |

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| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which students could purchase the following snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar: | | | | | | | |
| Soda pop or fruit drinks that are not 100% fruit juice | | | | | 44.0 | 17.5 | 4.2 |
| Sports drinks, such as Gatorade | | | | | 71.0 | 44.7 | 16.8 |
| Foods or beverages containing caffeine | | | | | | 5.4 | 1.0 |
| Fruits (not fruit juice) | | | | | | 40.5 | 30.4 |
| Non-fried vegetables (not vegetable juice) | | | | | | 32.1 | 25.0 |
| Percentage of schools that limit the package or serving size of any individual food and beverage items sold in vending machines or at the school store, canteen, or snack bar | | | | | | 43.7 | 43.7 |
| Percentage of schools that have done the following during the current school year: | | | | | | | |
| Priced nutritious foods and beverages at a lower cost while increasing the price of less nutritious foods and beverages | | | | | | 14.6 | 12.8 |
| Collected suggestions from students, families, and school staff on nutritious food preferences and strategies to promote healthy eating | | | | | | 63.5 | 52.7 |
| Provided information to students or families on the nutrition and caloric content of foods available | | | | | | 52.6 | 52.9 |
| Conducted taste tests to determine food preferences for nutritious items | | | | | | 30.4 | 32.4 |

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| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools that have done the following during the current school year: | | | | | | | |
| Provided opportunities for students to visit the cafeteria to learn about food safety, food preparation, or other nutrition-related topics | | | | | | 25.1 | 30.9 |
| Percentage of schools that promote candy, meals from fast food restaurants, or soft drinks to students through the distribution of products, such as t-shirts, hats, and book covers to students | | | | | | 5.1 | 2.2 |
| Percentage of schools that prohibit advertisements for candy, fast food restaurants, or soft drinks in the following locations: | | | | | | | |
| In the school building | | | | | | 88.3 | 89.7 |
| On school grounds including on the outside of the school building, on playing fields, or other areas of the campus | | | | | | 82.9 | 79.9 |
| On school buses or other vehicles used to transport students | | | | | | 81.8 | 87.4 |
| In school publications (e.g., newsletters, newspapers, web sites, or other school publications) | | | | | | 81.2 | 82.6 |

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|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Health Services | | | | | | | |
| Percentage of schools that have a full-time registered nurse who provides health services to students | | | | | | 93.2 | 87.4 |
| Percentage of schools that have an asthma action plan on file for all students with known asthma | | | | | | 46.0 | 70.8 |
| Percentage of schools that use the following events to identify students with poorly controlled asthma: | | | | | | | |
| This school does not identify students with poorly controlled asthma | | | | | | 14.9 | 11.7 |
| Frequent absences from school | | | | | | 34.0 | 52.3 |
| Frequent visits to the school health office due to asthma | | | | | | 72.9 | 75.1 |
| Frequent asthma symptoms at school | | | | | | 59.5 | 62.3 |
| Frequent non-participation in physical education class due to asthma | | | | | | 48.3 | 50.9 |
| Students sent home early due to asthma | | | | | | 45.6 | 56.6 |
| Calls from school to 911, or other local emergency numbers, due to asthma | | | | | | 31.4 | 29.5 |

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|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools that provide the following services for students with poorly controlled asthma: | | | | | | | |
| Providing referrals to primary health care clinicians or child health insurance programs | | | | | | 78.2 | 83.4 |
| Ensuring an appropriate written asthma action plan is obtained | | | | | | 79.8 | 91.0 |
| Ensuring access to and appropriate use of asthma medications, spacers, and peak flow meters at school | | | | | | 90.5 | 94.4 |
| Offering asthma education for students with asthma | | | | | | 61.0 | 72.3 |
| Minimizing asthma triggers in the school environment | | | | | | 75.5 | 81.5 |
| Addressing social and emotional issues related to asthma | | | | | | 67.1 | 72.3 |
| Providing additional psychosocial counseling or support services as needed | | | | | | 65.6 | 79.7 |
| Ensuring access to safe, enjoyable physical education and activity opportunities | | | | | | 97.6 | 97.6 |
| Ensuring access to preventive medications before physical activity | | | | | | 89.8 | 95.3 |
| Percentage of schools in which school staff members are required to receive training on recognizing and responding to severe asthma symptoms more than once per year or once per year | | | | | | 35.4 | 37.6 |

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|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools that have adopted a policy stating that students are permitted to carry and self-administer asthma medications | | | | | | 85.1 | 75.3 |
| Percentage of schools that have procedures to inform students about the policy permitting students to carry and self-administer asthma medications* | | | | | | 91.8 | 95.4 |
| Percentage of schools that have procedures to inform parents and families about the policy permitting students to carry and self-administer asthma medications* | | | | | | 93.1 | 96.8 |
| Percentage of schools that have a single individual responsible for implementing the policy permitting students to carry and self-administer asthma medication* | | | | | | 88.4 | 95.3 |

* Among schools that have adopted a policy stating that students are permitted to carry and self-administer asthma medications.

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| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |

Family and Community Involvement

Percentage of schools in which students' families helped develop or implement policies and programs related to the following topics during the two years before the survey:

| | | | | | | | |
|--|--|--|--|--|--|------|------|
| HIV, STD, or teen pregnancy prevention | | | | | | 16.9 | 9.4 |
| Tobacco-use prevention | | | | | | 20.2 | 24.2 |
| Physical activity | | | | | | 39.9 | 29.6 |
| Nutrition and healthy eating | | | | | | 59.4 | 53.0 |
| Asthma | | | | | | 14.0 | 9.5 |

Percentage of schools in which community members helped develop or implement policies and programs related to the following topics during the two years before the survey:

| | | | | | | | |
|--|--|--|--|--|--|------|------|
| HIV, STD, or teen pregnancy prevention | | | | | | 20.0 | 20.0 |
| Tobacco-use prevention | | | | | | 35.1 | 30.2 |
| Physical activity | | | | | | 39.0 | 31.0 |
| Nutrition and healthy eating | | | | | | 70.5 | 57.3 |
| Asthma | | | | | | 13.3 | 13.9 |

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|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Required Health Education | | | | | | | |
| Percentage of schools in which students take only one required health education course | | | | | 16.2 | 14.0 | 17.5 |
| Percentage of schools in which students take two or more required health education courses | | | | | 74.6 | 84.8 | 78.9 |
| Percentage of schools that taught a required health education course in the following grades:* | | | | | | | |
| 6th grade | | | | | 79.0 | 89.1 | 89.4 |
| 7th grade | | | | | 79.9 | 97.8 | 93.5 |
| 8th grade | | | | | 82.3 | 97.8 | 93.5 |
| 9th grade | | | | | 80.9 | 97.7 | 86.1 |
| 10th grade | | | | | 74.3 | 91.5 | 85.8 |
| 11th grade | | | | | 77.2 | 94.8 | 85.8 |
| 12th grade | | | | | 73.7 | 91.2 | 83.8 |

* The 2008 and 2010 results published here differ slightly from the 2008 and 2010 results published in site reports. This is because the site reports excluded data from schools that do not contain the grade in the question. Because grade information is not available in a consistent format for all years, data from these schools are included in the trend analysis.

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|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Among schools that required a health education course, percentage that required students who fail the course to repeat it | | | | | 41.8 | 46.4 | 51.2 |
| Percentage of schools in which those who teach health education are provided with the following materials: | | | | | | | |
| Goals, objectives, and expected outcomes for health education | | | | | | 88.2 | 89.0 |
| A chart describing the annual scope and sequence of instruction for health education | | | | | | 75.6 | 74.8 |
| Plans for how to assess student performance in health education | | | | | | 73.8 | 75.9 |
| A written health education curriculum | | | | | | 77.7 | 77.2 |
| Percentage of schools in which the health education curriculum addresses the following: | | | | | | | |
| Comprehending concepts related to health promotion and disease prevention to enhance health | | | | | | 95.0 | 95.7 |
| Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors | | | | | | 93.6 | 94.7 |
| Accessing valid information and products and services to enhance health | | | | | | 92.7 | 90.6 |
| Using interpersonal communication skills to enhance health and avoid or reduce health risks | | | | | | 96.2 | 94.7 |
| Using decision-making skills to enhance health | | | | | | 96.2 | 95.7 |

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|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which the health education curriculum addresses the following: | | | | | | | |
| Using goal-setting skills to enhance health | | | | | | 95.0 | 93.7 |
| Practicing health-enhancing behaviors to avoid or reduce risks | | | | | | 95.0 | 95.6 |
| Advocating for personal, family, and community health | | | | | | 91.5 | 88.2 |
| Percentage of schools in which teachers tried to increase student knowledge on the following topics in a required course in any of grades 6 through 12 during the current school year: | | | | | | | |
| Alcohol- or other drug-use prevention | | | | | | 97.4 | 98.9 |
| Asthma | | | | | | 47.0 | 49.0 |
| Emotional and mental health | | | | | | 94.0 | 94.8 |
| Foodborne illness prevention | | | | | | 55.6 | 52.7 |
| Human immunodeficiency virus (HIV) prevention | | | | | | 93.4 | 93.8 |
| Human sexuality | | | | | | 90.5 | 88.4 |
| Injury prevention and safety | | | | | | 88.9 | 89.1 |

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|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which teachers tried to increase student knowledge on the following topics in a required course in any of grades 6 through 12 during the current school year: | | | | | | | |
| Nutrition and dietary behavior | | | | | | 92.7 | 97.8 |
| Physical activity and fitness | | | | | | 98.7 | 98.9 |
| Pregnancy prevention | | | | | | 78.3 | 79.7 |
| Sexually transmitted disease (STD) prevention | | | | | | 86.5 | 88.6 |
| Suicide prevention | | | | | | 65.6 | 71.1 |
| Tobacco-use prevention | | | | | | 96.6 | 92.5 |
| Violence prevention (e.g., bullying, fighting, or homicide) | | | | | | 93.9 | 95.8 |
| Percentage of schools in which teachers taught the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year: | | | | | | | |
| Identifying tobacco products and the harmful substances they contain | | | | | | 92.4 | 90.2 |
| Identifying short- and long-term health consequences of tobacco use | | | | | | 93.5 | 89.1 |
| Identifying legal, social, economic, and cosmetic consequences of tobacco use | | | | | | 84.6 | 84.5 |

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| | Prevalence Survey Year | | | | | | |
|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which teachers taught the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year: | | | | | | | |
| Understanding the addictive nature of nicotine | | | | | | 93.5 | 89.3 |
| Effects of tobacco use on athletic performance | | | | | | 84.1 | 75.0 |
| Effects of second-hand smoke and benefits of a smoke-free environment | | | | | | 93.5 | 87.0 |
| Understanding the social influences on tobacco use, including media, family, peers, and culture | | | | | | 93.5 | 89.2 |
| Identifying reasons why students do and do not use tobacco | | | | | | 92.1 | 88.1 |
| Making accurate assessments of how many peers use tobacco | | | | | | 73.4 | 68.2 |
| Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness) | | | | | | 86.9 | 84.9 |
| Using goal-setting and decision-making skills related to not using tobacco | | | | | | 83.7 | 81.8 |
| Finding valid information and services related to tobacco-use prevention and cessation | | | | | | 76.7 | 71.7 |
| Supporting others who abstain from or want to quit using tobacco | | | | | | 79.1 | 65.1 |

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| | Prevalence Survey Year | | | | | | |
|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which teachers taught the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year: | | | | | | | |
| Supporting school and community action to support a tobacco-free environment | | | | | | 77.2 | 64.4 |
| Identifying harmful effects of tobacco use on fetal development | | | | | | 72.8 | 76.7 |
| Percentage of schools in which teachers taught the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8 during the current school year: | | | | | | | |
| The differences between HIV and AIDS | | | | | | 89.8 | 92.1 |
| How HIV and other STDs are transmitted | | | | | | 87.4 | 92.1 |
| How HIV and other STDs are diagnosed and treated | | | | | | 77.2 | 83.9 |
| Health consequences of HIV, other STDs, and pregnancy | | | | | | 85.0 | 87.5 |
| The benefits of being sexually abstinent | | | | | | 79.7 | 88.2 |
| How to prevent HIV, other STDs, and pregnancy | | | | | | 87.4 | 88.2 |
| How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy | | | | | | 77.2 | 75.1 |
| The influences of media, family, and social and cultural norms on sexual behavior | | | | | | 79.7 | 79.5 |

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| | Prevalence Survey Year | | | | | | |
|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which teachers taught the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8 during the current school year: | | | | | | | |
| Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy | | | | | | 79.7 | 75.3 |
| Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy | | | | | | 84.6 | 71.8 |
| Compassion for persons living with HIV or AIDS | | | | | | 70.5 | 70.3 |
| Percentage of schools in which teachers taught the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9 through 12 during the current school year: | | | | | | | |
| The relationship among HIV, other STDs, and pregnancy | | | | | | 92.1 | 88.9 |
| The relationship between alcohol and other drug use and risk for HIV, other STDs, and pregnancy | | | | | | 92.7 | 93.2 |
| The benefits of being sexually abstinent | | | | | | 92.7 | 93.2 |
| How to prevent HIV, other STDs, and pregnancy | | | | | | 92.5 | 93.2 |
| How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy | | | | | | 91.9 | 92.9 |
| The influences of media, family, and social and cultural norms on sexual behavior | | | | | | 85.3 | 87.4 |
| Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy | | | | | | 89.6 | 92.7 |

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| | Prevalence Survey Year | | | | | | |
|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which teachers taught the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9 through 12 during the current school year: | | | | | | | |
| Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy | | | | | | 94.9 | 88.4 |
| Efficacy of condoms, that is, how well condoms work and do not work | | | | | | 85.0 | 88.2 |
| The importance of using condoms consistently and correctly | | | | | | 85.0 | 86.5 |
| How to obtain condoms | | | | | | 79.9 | 73.0 |
| Percentage of schools in which teachers taught the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year: | | | | | | | |
| Benefits of healthy eating | | | | | | 91.4 | 94.5 |
| Food guidance using MyPyramid | | | | | | 81.0 | 87.2 |
| Using food labels | | | | | | 88.9 | 87.4 |
| Balancing food intake and physical activity | | | | | | 93.7 | 91.3 |
| Eating more fruits, vegetables, and whole grain products | | | | | | 93.7 | 90.4 |
| Choosing foods that are low in fat, saturated fat, and cholesterol | | | | | | 93.7 | 90.4 |

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| | Prevalence Survey Year | | | | | | |
|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which teachers taught the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year: | | | | | | | |
| Using sugars in moderation | | | | | | 92.6 | 87.2 |
| Using salt and sodium in moderation | | | | | | 88.5 | 82.6 |
| Eating more calcium-rich foods | | | | | | 87.0 | 78.3 |
| Food safety | | | | | | 76.7 | 67.2 |
| Preparing healthy meals and snacks | | | | | | 85.8 | 81.6 |
| Risks of unhealthy weight control practices | | | | | | 92.4 | 91.5 |
| Accepting body size differences | | | | | | 83.9 | 82.7 |
| Signs, symptoms, and treatment for eating disorders | | | | | | 86.2 | 82.7 |
| Percentage of schools in which teachers taught the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year: | | | | | | | |
| Physical, psychological, or social benefits of physical activity | | | | | | 93.9 | 96.7 |
| Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition) | | | | | | 94.9 | 98.9 |

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| | Prevalence Survey Year | | | | | | |
|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which teachers taught the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year: | | | | | | | |
| Phases of a workout (i.e., warm-up, workout, cool down) | | | | | | 93.7 | 96.9 |
| How much physical activity is enough (i.e., determining frequency, intensity, time, and type of physical activity) | | | | | | 89.9 | 92.3 |
| Developing an individualized physical activity plan | | | | | | 77.4 | 79.9 |
| Monitoring progress toward reaching goals in an individualized physical activity plan | | | | | | 73.8 | 79.2 |
| Overcoming barriers to physical activity | | | | | | 80.9 | 84.5 |
| Decreasing sedentary activities (e.g., television viewing) | | | | | | 85.7 | 88.9 |
| Opportunities for physical activity in the community | | | | | | 79.5 | 82.5 |
| Preventing injury during physical activity | | | | | | 92.2 | 90.0 |
| Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active) | | | | | | 77.5 | 74.8 |
| Dangers of using performance-enhancing drugs (e.g., steroids) | | | | | | 83.6 | 77.8 |

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| | Prevalence Survey Year | | | | | | |
|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| HIV Prevention | | | | | | | |
| Percentage of schools that provided any HIV, STD, or pregnancy prevention programs for ethnic/racial minority youth at high risk, including after-school or supplemental programs, that did the following during the current school year: | | | | | | | |
| Provided curricula or supplementary materials that include pictures, information, and learning experiences that reflect the life experiences of these youth in their communities | | | | | | 32.8 | 18.7 |
| Provided curricula or supplementary materials in the primary languages of the youth and families | | | | | | 21.0 | 16.6 |
| Facilitated access to direct health services or arrangements with providers not on school property who have experience in serving these youth in the community | | | | | | 25.2 | 21.9 |
| Facilitated access to direct social services and psychological services or arrangements with providers not on school property who have experience in serving these youth in the community | | | | | | 23.7 | 22.9 |

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| | Prevalence Survey Year | | | | | | |
|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Collaboration | | | | | | | |
| Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year: | | | | | | | |
| Physical education staff | | | | | 87.5 | 91.3 | 95.6 |
| Health services staff (e.g., nurses) | | | | | 72.9 | 75.8 | 78.3 |
| Mental health or social services staff (e.g., psychologists, counselors, and social workers) | | | | | 63.7 | 72.9 | 70.9 |
| Nutrition or food service staff | | | | | 26.5 | 36.9 | 43.5 |
| Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year: | | | | | | | |
| HIV prevention, STD prevention, or teen pregnancy prevention | | | | | | 16.7 | 21.8 |
| Tobacco-use prevention | | | | | | 27.5 | 24.9 |
| Physical activity | | | | | | 32.8 | 41.5 |
| Nutrition and healthy eating | | | | | | 33.7 | 38.7 |
| Asthma | | | | | | 16.5 | 17.1 |

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| | Prevalence Survey Year | | | | | | |
|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Professional Development | | | | | | | |
| Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey: | | | | | | | |
| Alcohol- or other drug-use prevention | | | | | 37.7 | 34.3 | 27.5 |
| Asthma | | | | | 14.8 | 10.5 | 13.6 |
| Emotional and mental health | | | | | 26.6 | 35.5 | 39.9 |
| Foodborne illness prevention | | | | | 20.9 | 20.1 | 18.7 |
| HIV (human immunodeficiency virus) prevention | | | | | 24.3 | 26.8 | 24.6 |
| Human sexuality | | | | | 12.7 | 26.3 | 24.7 |
| Injury prevention and safety | | | | | 36.7 | 49.3 | 43.0 |
| Nutrition and dietary behavior | | | | | 27.5 | 32.8 | 38.4 |
| Physical activity and fitness | | | | | 39.8 | 51.8 | 44.6 |

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| | Prevalence Survey Year | | | | | | |
|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey: | | | | | | | |
| Pregnancy prevention | | | | | 10.3 | 19.9 | 20.2 |
| STD (sexually transmitted disease) prevention | | | | | 17.4 | 22.3 | 22.1 |
| Suicide prevention | | | | | 14.8 | 15.5 | 19.0 |
| Tobacco-use prevention | | | | | 19.4 | 23.3 | 19.0 |
| Violence prevention (e.g., bullying, fighting, or homicide) | | | | | 45.1 | 60.9 | 68.6 |
| Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey: | | | | | | | |
| Describing how widespread HIV and other STD infections are and the consequences of these infections | | | | | | 23.3 | 24.5 |
| Understanding the modes of transmission and effective prevention strategies for HIV and other STDs | | | | | | 21.5 | 25.6 |
| Identifying populations of youth who are at high risk of being infected with HIV and other STDs | | | | | | 15.0 | 26.1 |
| Implementing health education strategies using prevention messages that are likely to be effective in reaching youth | | | | | | 22.1 | 28.7 |
| Teaching HIV prevention education to students with physical, medical, or cognitive disabilities | | | | | | 9.0 | 8.4 |

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| | Prevalence Survey Year | | | | | | |
|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey: | | | | | | | |
| Teaching HIV prevention education to students of various cultural backgrounds | | | | | | 9.1 | 19.3 |
| Using interactive teaching methods for HIV prevention education (e.g., role plays or cooperative group activities) | | | | | | 12.5 | 14.7 |
| Teaching essential skills for health behavior change related to HIV prevention and guiding student practice of these skills | | | | | | 12.6 | 18.0 |
| Teaching about health-promoting social norms and beliefs related to HIV prevention | | | | | | 10.2 | 18.2 |
| Strategies for involving parents, families, and others in student learning of HIV prevention education | | | | | | 7.7 | 9.5 |
| Assessing students' performance in HIV prevention education | | | | | | 12.6 | 11.6 |
| Implementing standards-based HIV prevention education curricula and student assessment | | | | | | 11.4 | 16.2 |
| Using technology to improve HIV prevention education instruction | | | | | | 10.4 | 14.6 |
| Teaching HIV prevention education to students with limited English proficiency | | | | | | 7.6 | 8.3 |
| Addressing community concerns and challenges related to HIV prevention education | | | | | | 9.1 | 11.6 |

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| | Prevalence Survey Year | | | | | | |
|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey: | | | | | | | |
| Teaching students with physical, medical, or cognitive disabilities | | | | | 37.0 | 33.3 | 31.0 |
| Teaching students of various cultural backgrounds | | | | | 26.9 | 20.0 | 19.1 |
| Teaching students with limited English proficiency | | | | | 18.6 | 12.9 | 16.9 |
| Using interactive teaching methods (e.g., role plays or cooperative group activities) | | | | | 44.5 | 41.3 | 35.2 |
| Encouraging family or community involvement | | | | | 39.4 | 24.9 | 27.8 |
| Teaching skills for behavior change | | | | | 32.8 | 35.9 | 37.0 |
| Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, and behavior management) | | | | | 47.9 | 39.7 | 38.9 |
| Assessing or evaluating students in health education | | | | | 31.2 | 31.9 | 31.0 |
| Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics: | | | | | | | |
| Alcohol- or other drug-use prevention | | | | | 74.6 | 74.8 | 84.4 |
| Asthma | | | | | 56.4 | 56.2 | 61.2 |

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| | Prevalence Survey Year | | | | | | |
|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics: | | | | | | | |
| Emotional and mental health | | | | | 76.6 | 69.2 | 77.8 |
| Foodborne illness prevention | | | | | 51.8 | 44.9 | 54.2 |
| HIV (human immunodeficiency virus) prevention | | | | | 70.2 | 73.4 | 70.9 |
| Human sexuality | | | | | 66.7 | 68.6 | 75.1 |
| Injury prevention and safety | | | | | 62.0 | 55.5 | 61.9 |
| Nutrition and dietary behavior | | | | | 77.9 | 64.4 | 72.6 |
| Physical activity and fitness | | | | | 64.4 | 67.7 | 71.9 |
| Pregnancy prevention | | | | | 63.4 | 67.4 | 73.3 |
| STD (sexually transmitted disease) prevention | | | | | 63.2 | 73.9 | 70.1 |
| Suicide prevention | | | | | 72.3 | 72.4 | 76.1 |

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| | Prevalence Survey Year | | | | | | |
|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics: | | | | | | | |
| Tobacco-use prevention | | | | | 51.9 | 54.7 | 64.6 |
| Violence prevention (e.g., bullying, fighting, or homicide) | | | | | 81.4 | 79.2 | 78.6 |
| Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics: | | | | | | | |
| Teaching students with physical, medical, or cognitive disabilities | | | | | 68.7 | 67.6 | 71.9 |
| Teaching students of various cultural backgrounds | | | | | 52.8 | 47.3 | 61.0 |
| Teaching students with limited English proficiency | | | | | 49.4 | 45.1 | 55.7 |
| Using interactive teaching methods (e.g., role plays or cooperative group activities) | | | | | 66.6 | 62.9 | 71.4 |
| Encouraging family or community involvement | | | | | 61.6 | 71.2 | 74.5 |
| Teaching skills for behavior change | | | | | 81.3 | 77.6 | 79.9 |
| Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, and behavior management) | | | | | 68.8 | 62.4 | 68.9 |
| Assessing or evaluating students in health education | | | | | 82.4 | 79.1 | 82.3 |

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| | Prevalence Survey Year | | | | | | |
|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Professional Preparation | | | | | | | |
| Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following. | | | | | | | |
| Health and physical education combined (a) | | | | | 74.9 | 76.6 | 76.8 |
| Health education (b) | | | | | 7.5 | 4.2 | 8.3 |
| Physical education (c) | | | | | 5.0 | 9.6 | 5.8 |
| Other education degree (d) | | | | | 0.0 | 0.0 | 1.1 |
| Kinesiology, exercise science, exercise physiology; home economics or family and consumer science; biology or other science (e, f, or g) | | | | | 0.0 | 0.0 | 1.1 |
| Nursing or counseling (h or i) | | | | | 11.2 | 6.9 | 5.8 |
| Public health, nutrition or other (j, k or l) | | | | | 1.3 | 2.6 | 1.1 |
| Percentage of schools in which the lead health education teacher was certified, licensed, or endorsed by the state to teach health education in middle school or high school | | | | | 97.7 | 95.3 | 93.7 |

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| | Prevalence Survey Year | | | | | | |
|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Percentage of schools in which the lead health education teacher had the following number of years of experience in teaching health education courses or topics: | | | | | | | |
| 1 year | | | | | 3.5 | 3.6 | 3.3 |
| 2 to 5 years | | | | | 18.9 | 13.5 | 12.9 |
| 6 to 9 years | | | | | 19.8 | 14.2 | 14.3 |
| 10 to 14 years | | | | | 19.5 | 21.0 | 21.9 |
| 15 years or more | | | | | 38.3 | 47.7 | 47.6 |

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| | Prevalence Survey Year | | | | | | |
|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Human Immunodeficiency Virus (HIV) Prevention SLIMs | | | | | | | |
| HIV SLIM 1: Percentage of schools that taught 11 key HIV, STD, and pregnancy prevention topics in a required course during grades 6, 7, or 8 | | | | | | 57.0 | 54.3 |
| HIV SLIM 2: Percentage of schools that taught 8 key HIV, STD, and pregnancy prevention topics in a required course during grades 9, 10, 11, or 12 | | | | | | 80.6 | 81.8 |
| HIV SLIM 3 (2008 version): Percentage of schools that taught 3 key topics related to condom use in a required course during grades 9, 10, 11, or 12 | | | | | | 78.5 | 71.9 |
| HIV SLIM 4: Percentage of schools that deliver HIV, STD, and pregnancy prevention programs (including after school or supplemental programs) that meet the needs of ethnic/racial minority youth at high risk | | | | | | 4.4 | 4.9 |
| HIV SLIM 5: Percentage of schools that provide parents and families health information to increase parent and family knowledge of HIV prevention, STD prevention, and teen pregnancy prevention | | | | | | 16.7 | 21.8 |
| HIV SLIM 6 (2008 version): Percentage of schools in which students' family or community members have helped develop or implement HIV prevention, STD prevention, and teen pregnancy prevention policies and programs | | | | | | 26.2 | 20.0 |
| HIV SLIM 6 (2010 version): Percentage of schools in which students' family and community members have helped develop or implement HIV prevention, STD prevention, and teen pregnancy prevention policies and programs | | | | | | 10.5 | 9.4 |
| HIV SLIM 7: Percentage of schools in which the lead health education teacher received professional development during the two years before the survey on 4 key HIV prevention topics | | | | | | 10.1 | 16.9 |
| HIV SLIM 8: Percentage of schools in which the lead health education teacher received professional development during the two years before the survey on at least 6 of 11 key HIV prevention topics | | | | | | 6.6 | 12.6 |

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| | | | Prevalence Survey Year | | | | |
|---|------|------|---------------------------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| HIV SLIM 9: Percentage of schools with a policy on students or staff who have HIV infection or AIDS that addresses attendance of students with HIV infection, procedures to protect HIV-infected students and staff from discrimination, and maintaining confidentiality of HIV-infected students and staff | | | | | | 68.8 | 70.9 |

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| | Prevalence Survey Year | | | | | | |
|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Coordinated School Health SLIMs | | | | | | | |
| CSH SLIM 2 (2008 version): Percentage of schools that had one or more than one group (e.g., a school health council, committee, or team) that offers guidance on the development of policies or coordinates activities on health topics with representation from at least 10 of 14 groups | | | | | | 20.7 | 20.6 |
| CSH SLIM 2 (2010 version): Percentage of schools that had one or more than one group (e.g., a school health council, committee, or team) that offers guidance on the development of policies or coordinates activities on health topics with representation from at least 10 of 16 groups | | | | | | 24.4 | 23.1 |
| CSH SLIM 3 (2008 version): Percentage of schools that used the School Health Index or similar self-assessment tool to assess their policies, activities, and programs in physical activity, nutrition, or tobacco-use prevention | | | | | | 46.2 | 46.4 |
| CSH SLIM 3 (2010 version): Percentage of schools that used the School Health Index or similar self-assessment tool to assess their policies, activities, and programs in physical activity, nutrition, and tobacco-use prevention | | | | | | 36.2 | 29.4 |
| CSH SLIM 4 (2008 version): Percentage of schools in which students' family or community members have helped develop or implement policies and programs on tobacco-use prevention, physical activity, or nutrition and healthy eating | | | | | | 80.9 | 66.0 |
| CSH SLIM 4 (2010 version): Percentage of schools in which students' family and community members have helped develop or implement policies and programs on tobacco-use prevention, physical activity, and nutrition and healthy eating | | | | | | 15.2 | 17.5 |
| CSH SLIM 5: Percentage of schools in which all staff who teach health education were licensed, certified, or endorsed by the state in health education | | | | | | 96.4 | 96.6 |
| CSH SLIM 6: Percentage of schools in which those who teach health education were provided with key materials for teaching health education | | | | | | 54.8 | 62.8 |

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| | Prevalence | | | | | | |
|---|------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| CSH SLIM 7: Percentage of schools that follow a written health education curriculum that addresses 8 skills | | | | | | 67.8 | 66.2 |
| CSH SLIM 8 (2008 version): Percentage of schools that provided parents and families health information to increase parent and family knowledge of tobacco-use prevention, physical activity, or nutrition and healthy eating | | | | | | 43.6 | 47.0 |
| CSH SLIM 8 (2010 version): Percentage of schools that provided parents and families health information to increase parent and family knowledge of tobacco-use prevention, physical activity, and nutrition and healthy eating | | | | | | 17.7 | 20.6 |

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| | Prevalence Survey Year | | | | | | |
|--|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Physical Activity and Physical Education SLIMs | | | | | | | |
| PE SLIM 2: Percentage of schools in which at least one physical education teacher or specialist received professional development on physical education during the two years before the survey | | | | | | 87.7 | 89.3 |
| PE SLIM 3: Percentage of schools in which those who teach physical education were provided with key materials for teaching physical education | | | | | | 64.9 | 64.8 |
| PE SLIM 4: Percentage of schools in which students could not be exempted from taking required physical education for certain reasons | | | | | 95.2 | 95.6 | 89.3 |
| PE SLIM 5: Percentage of schools that offered opportunities for all students to participate in intramural activities or physical activity clubs | | | | | | 74.9 | 73.1 |
| PE SLIM 6: Percentage of schools that taught 12 key physical activity topics in a required course | | | | | | 53.4 | 52.5 |

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| | Prevalence Survey Year | | | | | | |
|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Nutrition SLIMs | | | | | | | |
| NUTRITION SLIM 1 (2008 version): Percentage of schools that did not sell less nutritious foods and beverages anywhere outside the school food service program | | | | | | 63.7 | 84.2 |
| NUTRITION SLIM 1 (2010 version): Percentage of schools that did not sell less nutritious foods and beverages (including sports drinks) anywhere outside the school food service program | | | | | | 42.9 | 72.6 |
| NUTRITION SLIM 2: Percentage of schools that always offered fruits or non-fried vegetables in vending machines or school stores, and during celebrations when foods and beverages are offered | | | | | | 18.3 | 14.7 |
| NUTRITION SLIM 3: Percentage of schools that used at least three different strategies to promote healthy eating | | | | | | 34.2 | 33.4 |
| NUTRITION SLIM 4: Percentage of schools in which the lead health education teacher received professional development during the two years before the survey on nutrition and dietary behavior | | | | | 27.5 | 32.8 | 38.4 |
| NUTRITION SLIM 5: Percentage of schools that taught 14 key nutrition and dietary behavior topics in a required course | | | | | | 61.1 | 51.7 |
| NUTRITION SLIM 6: Percentage of schools that prohibited all forms of advertising and promotion of candy, fast food restaurants, or soft drinks in all locations | | | | | | 68.5 | 72.4 |

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| | Prevalence Survey Year | | | | | | |
|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Tobacco-Use Prevention SLIMs | | | | | | | |
| TOBACCO SLIM 1: Percentage of schools that follow a policy that mandates a “tobacco-free environment” | | | | | 61.7 | 42.4 | 61.7 |
| TOBACCO SLIM 2: Percentage of schools that implement a tobacco-free environment policy in 7 ways | | | | | | 13.4 | 14.7 |
| TOBACCO SLIM 3: Percentage of schools that taught 15 key tobacco-use prevention topics in a required course | | | | | | 56.0 | 48.2 |
| TOBACCO SLIM 4: Percentage of schools that coordinate their tobacco prevention messages and programs with community and mass-media tobacco prevention efforts | | | | | | 35.8 | 28.0 |
| TOBACCO SLIM 5: Percentage of schools that provided tobacco cessation services for students, faculty, and staff at school or through arrangements with providers not on school property | | | | | | 36.8 | 31.5 |
| TOBACCO SLIM 6: Percentage of schools in which the lead health education teacher received professional development during the two years before the survey on tobacco-use prevention | | | | | 19.4 | 23.3 | 19.0 |

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| | Prevalence Survey Year | | | | | | |
|---|---------------------------|------|------|------|------|------|------|
| | 1998 | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 |
| Asthma Management SLIMs | | | | | | | |
| ASTHMA SLIM 1: Percentage of schools that used the School Health Index or similar self-assessment tool to assess their asthma policies, activities, and programs | | | | | | 24.2 | 24.4 |
| ASTHMA SLIM 2 (2008 version): Percentage of schools in which students' family or community members have helped develop or implement asthma management policies and programs | | | | | | 21.4 | 16.3 |
| ASTHMA SLIM 2 (2010 version): Percentage of schools in which students' family and community members have helped develop or implement asthma management policies and programs | | | | | | 6.1 | 7.3 |
| ASTHMA SLIM 3: Percentage of schools that had an asthma action plan on file for all students with known asthma | | | | | | 46.0 | 70.8 |
| ASTHMA SLIM 4: Percentage of schools that implemented a policy permitting students to carry and self-administer asthma medications by communicating the policy to students, parents, and families, and by designating an individual responsible for implementing the policy | | | | | | 66.9 | 66.7 |
| ASTHMA SLIM 5: Percentage of schools that required all school staff members to receive annual training on recognizing and responding to severe asthma symptoms | | | | | | 35.4 | 37.6 |
| ASTHMA SLIM 6: Percentage of schools with a full-time registered nurse who provides health services to students at school | | | | | | 93.2 | 87.4 |
| ASTHMA SLIM 9: Percentage of schools that identified students with poorly controlled asthma by keeping track of them in at least three ways | | | | | | 70.6 | 75.9 |
| ASTHMA SLIM 11: Percentage of schools that provided parents and families of students with health information to increase their knowledge of asthma | | | | | | 16.5 | 17.1 |