

Food Allergy Resources

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1. *Managing Life Threatening Allergies in Schools*
A comprehensive guide from the Massachusetts Department of Education:
<http://www.doe.mass.edu/cnp/allergy.pdf>
2. “How a Child might Describe a Reaction”
Fact sheet from Food Allergy & Anaphylaxis Network (FAAN) (foodallergy.org)
www.foodallergy.org/school/childdescribe.pdf
3. Food Allergy Action Plan
Example from FAAN
<http://www.foodallergy.org/actionplan.pdf> (English)
<http://www.foodallergy.org/downloads.html> (other languages)
4. School Guidelines for managing food allergies
List of roles and responsibilities from FAAN
www.foodallergy.org/school/schoolguidelines.pdf
5. “Food Allergies: What You Need to Know”
Factsheet from the US Food and Drug Administration
<http://www.cfsan.fda.gov/~dms/ffalrgn.html>
6. “Answers to Frequently Asked Questions about FALCPA”
Food allergy labeling information from FAAN
<http://www.foodallergy.org/Advocacy/FALCPAFaQ14.html>
7. Food Allergies
Factsheets for different audiences from Nemours Foundation (KidsHealth)
http://kidshealth.org/parent/nutrition_fit/nutrition/food_allergies.html (for parents)
http://kidshealth.org/kid/nutrition/espanol/nut_allergy_esp.html (Spanish)
http://kidshealth.org/teen/nutrition/diets/food_allergies.html (for teens)
http://kidshealth.org/kid/ill_injure/sick/food_allergies.html (for kids)
8. “My friend has a food allergy. How can I help”
Advice from Nemours Foundation
http://kidshealth.org/teen/diseases_conditions/allergies_immune/helping_allergies.html
9. Centers for Disease Control & Prevention
Food Allergies
www.cdc.gov/healthyyouth/foodallergies/index.htm