

**Rhode Island Department of Education
2006 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

2. Percentage of schools that require teachers to use each of the following materials in a required health education course.*

	N	Percent
a. The National Health Education Standards		
Senior High School	36	86
Middle School	39	72
Junior/Senior High School Combined	4	100
Overall	79	80
b. The Health Education Curriculum Analysis Tool (HECAT) from the Centers for Disease Control and Prevention		
Senior High School	36	6
Middle School	39	5
Junior/Senior High School Combined	4	0
Overall	79	5
c. Any state-, district-, or school-developed curriculum		
Senior High School	36	92
Middle School	41	88
Junior/Senior High School Combined	4	75
Overall	81	89
d. A commercially-developed curriculum		
Senior High School	36	22
Middle School	39	21
Junior/Senior High School Combined	4	0
Overall	79	20
e. A commercially-developed student textbook		
Senior High School	36	45
Middle School	39	23
Junior/Senior High School Combined	4	0
Overall	79	32
f. A commercially-developed teacher's guide		
Senior High School	36	42
Middle School	39	26
Junior/Senior High School Combined	4	0
Overall	79	32

*Among those schools that require a health education course for students in any of grades 6 through 12.
N=Unweighted number of observations

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2. Percentage of schools that require teachers to use each of the following materials in a required health education course.*

	N	Percent
g. Health education performance assessment materials		
Senior High School	36	61
Middle School	39	31
Junior/Senior High School Combined	4	50
Overall	79	46

h. Any materials from health organizations, such as the American Heart Association or the American Cancer Society

Senior High School	36	58
Middle School	39	26
Junior/Senior High School Combined	4	25
Overall	79	40

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N=Unweighted number of observations

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3. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required health education course.*

	N	Percent
a. Alcohol or other drug use prevention		
Senior High School	35	100
Middle School	40	100
Junior/Senior High School Combined	4	100
Overall	79	100
b. Asthma awareness		
Senior High School	36	53
Middle School	40	43
Junior/Senior High School Combined	4	100
Overall	80	50
c. Consumer health		
Senior High School	36	92
Middle School	40	88
Junior/Senior High School Combined	4	100
Overall	80	90
d. Cardiopulmonary resuscitation (CPR)		
Senior High School	36	69
Middle School	40	33
Junior/Senior High School Combined	4	75
Overall	80	51
e. Dental and oral health		
Senior High School	36	47
Middle School	40	43
Junior/Senior High School Combined	4	100
Overall	80	48
f. Emotional and mental health		
Senior High School	36	100
Middle School	40	93
Junior/Senior High School Combined	4	100
Overall	80	96
g. Environmental health		
Senior High School	35	69
Middle School	40	53
Junior/Senior High School Combined	4	100
Overall	79	62

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N=Unweighted number of observations

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3. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required health education course.*

	N	Percent
h. First aid		
Senior High School	36	75
Middle School	40	48
Junior/Senior High School Combined	4	100
Overall	80	63
i. Foodborne illness prevention		
Senior High School	36	61
Middle School	40	63
Junior/Senior High School Combined	4	100
Overall	80	64
j. Growth and development		
Senior High School	36	86
Middle School	39	100
Junior/Senior High School Combined	4	75
Overall	79	92
k. HIV (human immunodeficiency virus) prevention		
Senior High School	35	100
Middle School	37	100
Junior/Senior High School Combined	3	100
Overall	75	100
l. Human sexuality		
Senior High School	36	94
Middle School	40	93
Junior/Senior High School Combined	4	75
Overall	80	92
m. Immunizations		
Senior High School	36	55
Middle School	40	55
Junior/Senior High School Combined	4	100
Overall	80	57
n. Injury prevention and safety		
Senior High School	36	89
Middle School	40	85
Junior/Senior High School Combined	4	100
Overall	80	88

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N=Unweighted number of observations

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3. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required health education course.*

	N	Percent
o. Nutrition and dietary behavior		
Senior High School	36	100
Middle School	39	100
Junior/Senior High School Combined	4	100
Overall	79	100
p. Physical activity and fitness		
Senior High School	34	100
Middle School	39	100
Junior/Senior High School Combined	4	100
Overall	77	100
q. Pregnancy prevention		
Senior High School	36	97
Middle School	32	97
Junior/Senior High School Combined	4	75
Overall	72	96
r. STD (sexually transmitted disease) prevention		
Senior High School	36	97
Middle School	40	95
Junior/Senior High School Combined	4	100
Overall	80	96
s. Suicide prevention		
Senior High School	36	89
Middle School	40	58
Junior/Senior High School Combined	4	75
Overall	80	72
t. Sun safety or skin cancer prevention		
Senior High School	36	72
Middle School	39	62
Junior/Senior High School Combined	4	100
Overall	79	68
u. Tobacco-use prevention		
Senior High School	35	97
Middle School	39	97
Junior/Senior High School Combined	4	100
Overall	78	97

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N=Unweighted number of observations

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3. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required health education course.*

	N	Percent
v. Violence prevention		
Senior High School	36	92
Middle School	38	100
Junior/Senior High School Combined	4	100
Overall	78	96

*Among those schools that require a health education course for students in any of grades 6 through 12.
N=Unweighted number of observations

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4. Percentage of schools in which teachers tried to improve each of the following student skills in a required health education course.*

	N	Percent
a. How to find valid information or services related to personal health and wellness		
Senior High School	35	97
Middle School	41	88
Junior/Senior High School Combined	4	100
Overall	80	93
b. Influence of media on personal health and wellness		
Senior High School	35	100
Middle School	41	95
Junior/Senior High School Combined	4	100
Overall	80	98
c. Communication skills, such as how to ask for assistance with a health-related problem		
Senior High School	35	97
Middle School	41	95
Junior/Senior High School Combined	4	100
Overall	80	96
d. Decision-making skills, such as deciding to get appropriate health screenings and exams		
Senior High School	35	97
Middle School	41	95
Junior/Senior High School Combined	4	100
Overall	80	96
e. Goal-setting skills, such as setting a goal for improving personal health habits		
Senior High School	35	100
Middle School	41	98
Junior/Senior High School Combined	4	100
Overall	80	99
f. Conflict resolution skills, such as techniques to resolve interpersonal conflicts without fighting		
Senior High School	34	97
Middle School	41	98
Junior/Senior High School Combined	4	100
Overall	79	97

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N=Unweighted number of observations

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4. Percentage of schools in which teachers tried to improve each of the following student skills in a required health education course.*

	N	Percent
g. Resisting peer pressure to engage in unhealthy behavior related to personal health and wellness		
Senior High School	35	97
Middle School	41	98
Junior/Senior High School Combined	4	100
Overall	80	97

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N=Unweighted number of observations

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5. Percentage of schools in which teachers sometimes, almost always, or always used each of the following teaching methods in a required health education course.*

	N	Percent
a. Audio-visual media, such as videos		
Senior High School	36	97
Middle School	41	80
Junior/Senior High School Combined	4	75
Overall	81	88
b. Group discussions		
Senior High School	36	97
Middle School	41	100
Junior/Senior High School Combined	4	100
Overall	81	99
c. Cooperative group activities		
Senior High School	36	89
Middle School	41	98
Junior/Senior High School Combined	4	100
Overall	81	94
d. Role play, simulations, or practice		
Senior High School	35	66
Middle School	41	78
Junior/Senior High School Combined	4	100
Overall	80	74
e. Language, performing, or visual arts		
Senior High School	36	51
Middle School	41	54
Junior/Senior High School Combined	4	75
Overall	81	53
f. Pledges or contracts for changing behavior or abstaining from a behavior		
Senior High School	33	30
Middle School	40	30
Junior/Senior High School Combined	4	75
Overall	77	33
g. Peer teaching		
Senior High School	36	69
Middle School	39	44
Junior/Senior High School Combined	4	75
Overall	79	57

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5. Percentage of schools in which teachers sometimes, almost always, or always used each of the following teaching methods in a required health education course.*

	N	Percent
h. The Internet		
Senior High School	36	86
Middle School	40	65
Junior/Senior High School Combined	4	100
Overall	80	76
i. Computer-assisted instruction		
Senior High School	35	54
Middle School	40	55
Junior/Senior High School Combined	4	75
Overall	79	56
j. Guest speakers		
Senior High School	35	71
Middle School	36	53
Junior/Senior High School Combined	4	75
Overall	75	63
k. Health education programs available through videoconferencing or other distance learning methods		
Senior High School	36	8
Middle School	40	8
Junior/Senior High School Combined	4	50
Overall	80	10

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6. Percentage of schools in which teachers used each of the following teaching methods to highlight diversity or the values of various cultures in a required health education course.*

	N	Percent
a. Use textbooks or curricular materials reflective of various cultures		
Senior High School	36	50
Middle School	40	50
Junior/Senior High School Combined	4	50
Overall	80	50
b. Use textbooks or curricular materials designed for students with limited English proficiency		
Senior High School	36	37
Middle School	39	15
Junior/Senior High School Combined	4	50
Overall	79	27
c. Ask students or families to share their own cultural experiences related to health topics		
Senior High School	36	78
Middle School	40	58
Junior/Senior High School Combined	4	50
Overall	80	66
d. Teach about cultural differences and similarities		
Senior High School	36	75
Middle School	39	72
Junior/Senior High School Combined	4	50
Overall	79	72
e. Modify teaching methods to match students' learning styles, health beliefs, or cultural values		
Senior High School	36	97
Middle School	39	79
Junior/Senior High School Combined	4	75
Overall	79	87

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7. Percentage of schools in which teachers asked students to participate in each of the following activities as part of a required health education course.*

	N	Percent
a. Perform volunteer work at a hospital, a local health department, or any other local organization that addresses health issues		
Senior High School	36	25
Middle School	40	10
Junior/Senior High School Combined	4	50
Overall	80	19
b. Participate in or attend a community health fair		
Senior High School	36	34
Middle School	40	25
Junior/Senior High School Combined	4	25
Overall	80	29
c. Gather information about health services that are available in the community		
Senior High School	36	76
Middle School	40	20
Junior/Senior High School Combined	4	75
Overall	80	48
d. Visit a store to compare prices of health products		
Senior High School	36	37
Middle School	40	18
Junior/Senior High School Combined	4	75
Overall	80	29
e. Identify potential injury sites at school, home, or in the community		
Senior High School	36	61
Middle School	40	45
Junior/Senior High School Combined	4	100
Overall	80	55
f. Identify advertising in the community designed to influence health behaviors		
Senior High School	36	75
Middle School	40	68
Junior/Senior High School Combined	4	100
Overall	80	72

*Among those schools that require a health education course for students in any of grades 6 through 12.
N=Unweighted number of observations

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7. Percentage of schools in which teachers asked students to participate in each of the following activities as part of a required health education course.*

	N	Percent
g. Advocate for a health-related issue		
Senior High School	36	67
Middle School	40	60
Junior/Senior High School Combined	4	100
Overall	80	65
h. Complete homework or projects that involve family members		
Senior High School	36	81
Middle School	40	85
Junior/Senior High School Combined	4	75
Overall	80	83

*Among those schools that require a health education course for students in any of grades 6 through 12.
N=Unweighted number of observations

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required health education course.*

	N	Percent
a. Short- and long-term health consequences of cigarette smoking (such as stained teeth, bad breath, heart disease, and cancer)		
Senior High School	35	97
Middle School	40	98
Junior/Senior High School Combined	4	100
Overall	79	97
b. Benefits of not smoking cigarettes (including long- and short-term health benefits, social benefits, environmental benefits, and financial benefits)		
Senior High School	35	94
Middle School	40	98
Junior/Senior High School Combined	4	100
Overall	79	96
c. Short- and long-term health consequences of cigar smoking		
Senior High School	36	75
Middle School	39	79
Junior/Senior High School Combined	4	75
Overall	79	77
d. Short- and long-term health consequences of using smokeless tobacco		
Senior High School	36	92
Middle School	41	93
Junior/Senior High School Combined	4	100
Overall	81	93
e. Benefits of not using smokeless tobacco		
Senior High School	36	92
Middle School	41	90
Junior/Senior High School Combined	4	100
Overall	81	91
f. Addictive effects of nicotine in tobacco products		
Senior High School	35	97
Middle School	40	95
Junior/Senior High School Combined	4	100
Overall	79	96

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 8 a through p all are "yes."

N=Unweighted number of observations

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required health education course.*

	N	Percent
g. How many young people use tobacco		
Senior High School	35	94
Middle School	41	93
Junior/Senior High School Combined	4	75
Overall	80	92
h. Influence of families on tobacco use		
Senior High School	36	92
Middle School	41	90
Junior/Senior High School Combined	4	75
Overall	81	90
i. Influence of the media on tobacco use		
Senior High School	36	92
Middle School	41	93
Junior/Senior High School Combined	4	100
Overall	81	93
j. Social or cultural influences on tobacco use		
Senior High School	36	92
Middle School	41	88
Junior/Senior High School Combined	4	100
Overall	81	90
k. How to find valid information or services related to tobacco-use prevention or cessation		
Senior High School	35	91
Middle School	40	73
Junior/Senior High School Combined	4	100
Overall	79	82
l. Making a personal commitment not to use tobacco		
Senior High School	35	80
Middle School	40	78
Junior/Senior High School Combined	4	75
Overall	79	78

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 8 a through p all are "yes."

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required health education course.*

	N	Percent
m. How students can influence or support others to prevent tobacco use		
Senior High School	36	89
Middle School	41	90
Junior/Senior High School Combined	4	100
Overall	81	90
n. How students can influence or support others in efforts to quit using tobacco		
Senior High School	36	89
Middle School	41	83
Junior/Senior High School Combined	4	100
Overall	81	86
o. Resisting peer pressure to use tobacco		
Senior High School	36	92
Middle School	41	93
Junior/Senior High School Combined	4	100
Overall	81	93
p. The health effects of environmental tobacco smoke (ETS) or second-hand smoke		
Senior High School	35	94
Middle School	41	93
Junior/Senior High School Combined	4	100
Overall	80	94
All 16 tobacco-use prevention topics**		
Senior High School	34	67
Middle School	39	62
Junior/Senior High School Combined	4	75
Overall	77	65

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 8 a through p all are "yes."

N=Unweighted number of observations

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9. Percentage of schools in which teachers taught each of the following pregnancy, HIV, or STD prevention topics in a required health education course.*

	N	Percent
a. Abstinence as the most effective method to avoid pregnancy, HIV, and STDs		
Senior High School	35	100
Middle School	32	94
Junior/Senior High School Combined	4	75
Overall	71	96
b. How to correctly use a condom		
Senior High School	35	72
Middle School	41	22
Junior/Senior High School Combined	4	50
Overall	80	45
c. Condom efficacy, that is, how well condoms work and do not work		
Senior High School	35	92
Middle School	39	51
Junior/Senior High School Combined	4	75
Overall	78	71
d. Risks associated with having multiple sexual partners		
Senior High School	35	94
Middle School	35	86
Junior/Senior High School Combined	4	75
Overall	74	89
e. Social or cultural influences on sexual behavior		
Senior High School	35	94
Middle School	40	65
Junior/Senior High School Combined	4	75
Overall	79	78
f. How to prevent HIV infection		
Senior High School	35	100
Middle School	35	89
Junior/Senior High School Combined	4	75
Overall	74	93

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 9 a through k all are "yes."

N=Unweighted number of observations

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9. Percentage of schools in which teachers taught each of the following pregnancy, HIV, or STD prevention topics in a required health education course.*

	N	Percent
g. How HIV is transmitted		
Senior High School	35	100
Middle School	33	97
Junior/Senior High School Combined	4	75
Overall	72	97
h. How HIV affects the human body		
Senior High School	35	100
Middle School	33	97
Junior/Senior High School Combined	4	75
Overall	72	97
i. Influence of alcohol and other drugs on HIV-related risk behaviors		
Senior High School	35	100
Middle School	34	88
Junior/Senior High School Combined	3	100
Overall	72	94
j. How to find valid information or services related to HIV or HIV testing		
Senior High School	35	100
Middle School	36	72
Junior/Senior High School Combined	4	75
Overall	75	85
k. Compassion for persons living with HIV or AIDS		
Senior High School	36	91
Middle School	35	80
Junior/Senior High School Combined	4	75
Overall	75	85
All 11 pregnancy, HIV, and STD prevention topics**		
Senior High School	34	71
Middle School	32	22
Junior/Senior High School Combined	3	67
Overall	69	48

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 9 a through k all are "yes."

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10. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required health education course.*

	N	Percent
a. The benefits of healthy eating		
Senior High School	36	100
Middle School	41	93
Junior/Senior High School Combined	4	100
Overall	81	96
b. Food guidance using MyPyramid		
Senior High School	36	92
Middle School	41	83
Junior/Senior High School Combined	4	100
Overall	81	88
c. Using food labels		
Senior High School	36	92
Middle School	41	88
Junior/Senior High School Combined	4	100
Overall	81	90
d. Balancing food intake and physical activity		
Senior High School	36	92
Middle School	41	93
Junior/Senior High School Combined	4	100
Overall	81	93
e. Eating more fruits, vegetables, and grain products		
Senior High School	36	97
Middle School	41	90
Junior/Senior High School Combined	4	100
Overall	81	94
f. Choosing foods that are low in fat, saturated fat, and cholesterol		
Senior High School	36	100
Middle School	41	90
Junior/Senior High School Combined	4	100
Overall	81	95
g. Using sugars in moderation		
Senior High School	36	94
Middle School	41	80
Junior/Senior High School Combined	4	100
Overall	81	88

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 10 a through n all are "yes."

N=Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required health education course.*

	N	Percent
h. Using salt and sodium in moderation		
Senior High School	36	89
Middle School	41	83
Junior/Senior High School Combined	4	75
Overall	81	85
i. Eating more calcium-rich foods		
Senior High School	35	88
Middle School	41	88
Junior/Senior High School Combined	4	75
Overall	80	87
j. Food safety		
Senior High School	35	77
Middle School	41	80
Junior/Senior High School Combined	4	100
Overall	80	80
k. Preparing healthy meals and snacks		
Senior High School	35	74
Middle School	41	85
Junior/Senior High School Combined	4	100
Overall	80	81
l. Risks of unhealthy weight control practices		
Senior High School	36	100
Middle School	41	98
Junior/Senior High School Combined	4	100
Overall	81	99
m. Accepting body size differences		
Senior High School	35	94
Middle School	41	90
Junior/Senior High School Combined	4	100
Overall	80	93
n. Eating disorders		
Senior High School	36	94
Middle School	41	98
Junior/Senior High School Combined	4	100
Overall	81	96

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 10 a through n all are "yes."

N=Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required health education course.*

	N	Percent
All 14 nutrition and dietary behavior topics**		
Senior High School	34	65
Middle School	41	66
Junior/Senior High School Combined	4	75
Overall	79	66

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**Responses to question 10 a through n all are "yes."

N=Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course.*

	N	Percent
a. The physical, psychological, or social benefits of physical activity		
Senior High School	35	94
Middle School	41	95
Junior/Senior High School Combined	4	100
Overall	80	95
b. Health-related fitness (i.e. cardiovascular endurance, muscular endurance, muscular strength, flexibility, and body composition)		
Senior High School	36	89
Middle School	41	88
Junior/Senior High School Combined	4	100
Overall	81	89
c. The difference between physical activity, exercise, and fitness		
Senior High School	34	94
Middle School	41	78
Junior/Senior High School Combined	4	100
Overall	79	86
d. Phases of a workout (i.e., warm-up, workout, and cool down)		
Senior High School	36	89
Middle School	41	83
Junior/Senior High School Combined	4	100
Overall	81	86
e. How much physical activity is enough (i.e., determining frequency, intensity, time, and type of physical activity)		
Senior High School	36	89
Middle School	41	83
Junior/Senior High School Combined	4	100
Overall	81	86
f. Developing an individualized physical activity plan		
Senior High School	36	67
Middle School	41	54
Junior/Senior High School Combined	4	100
Overall	81	62

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 11 a through m all are "yes."

N=Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course.*

	N	Percent
g. Monitoring progress toward reaching goals in an individualized physical activity plan		
Senior High School	36	61
Middle School	41	59
Junior/Senior High School Combined	4	100
Overall	81	62
h. Overcoming barriers to physical activity		
Senior High School	36	83
Middle School	41	73
Junior/Senior High School Combined	4	100
Overall	81	79
i. Decreasing sedentary activities such as television watching		
Senior High School	36	86
Middle School	41	85
Junior/Senior High School Combined	4	100
Overall	81	86
j. Opportunities for physical activity in the community		
Senior High School	36	72
Middle School	40	78
Junior/Senior High School Combined	4	100
Overall	80	76
k. Preventing injury during physical activity		
Senior High School	35	83
Middle School	41	80
Junior/Senior High School Combined	4	100
Overall	80	83
l. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)		
Senior High School	35	66
Middle School	41	78
Junior/Senior High School Combined	4	100
Overall	80	74

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 11 a through m all are "yes."

N=Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course.*

	N	Percent
m. Dangers of using performance-enhancing drugs, such as steroids		
Senior High School	35	91
Middle School	41	90
Junior/Senior High School Combined	4	100
Overall	80	91
All 13 physical activity topics**		
Senior High School	32	56
Middle School	40	40
Junior/Senior High School Combined	4	100
Overall	76	50

*Among those schools that require a health education course for students in any of grades 6 through 12.

**Responses to question 11 a through m all are "yes."

N=Unweighted number of observations

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12. Percentage of schools that teach required HIV prevention units or lessons in the following courses.

	N	Percent
a. Science		
Senior High School	35	26
Middle School	39	21
Junior/Senior High School Combined	4	0
Overall	78	22
b. Home economics or family and consumer education		
Senior High School	35	11
Middle School	39	8
Junior/Senior High School Combined	4	25
Overall	78	10
c. Physical education		
Senior High School	39	54
Middle School	41	32
Junior/Senior High School Combined	4	0
Overall	84	40
d. Family life education or life skills		
Senior High School	36	33
Middle School	40	25
Junior/Senior High School Combined	4	25
Overall	80	29
e. Special education		
Senior High School	35	23
Middle School	39	5
Junior/Senior High School Combined	4	25
Overall	78	14
f. Social studies		
Senior High School	35	6
Middle School	39	5
Junior/Senior High School Combined	4	0
Overall	78	5

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13. Percentage of schools in which health education staff have worked with the following groups on health education activities.

	N	Percent
a. Physical education staff		
Senior High School	41	88
Middle School	43	86
Junior/Senior High School Combined	4	100
Overall	88	88
b. School health services staff (e.g., nurses)		
Senior High School	41	69
Middle School	43	79
Junior/Senior High School Combined	4	50
Overall	88	73
c. School mental health or social services staff (e.g., psychologists, counselors, and social workers)		
Senior High School	41	61
Middle School	43	65
Junior/Senior High School Combined	4	75
Overall	88	64
d. Nutrition or food service staff		
Senior High School	41	20
Middle School	42	33
Junior/Senior High School Combined	4	25
Overall	87	26

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14. Percentage of schools that have done each of the following activities.

	N	Percent
a. Provided families with information on school health education		
Senior High School	41	64
Middle School	42	76
Junior/Senior High School Combined	4	100
Overall	87	72
b. Met with a parents' organization such as the PTA to discuss school health education		
Senior High School	41	27
Middle School	42	33
Junior/Senior High School Combined	4	75
Overall	87	32
c. Invited family members to attend health education classes		
Senior High School	41	22
Middle School	42	21
Junior/Senior High School Combined	4	50
Overall	87	23

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15. Percentage of schools in which the lead health education teacher has received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following health education topics during the past 2 years.

	N	Percent
a. Alcohol or other drug use prevention		
Senior High School	41	30
Middle School	43	42
Junior/Senior High School Combined	4	75
Overall	88	38
b. Asthma awareness		
Senior High School	41	15
Middle School	43	14
Junior/Senior High School Combined	4	25
Overall	88	15
c. Consumer health		
Senior High School	40	10
Middle School	43	14
Junior/Senior High School Combined	4	50
Overall	87	14
d. Cardiopulmonary resuscitation (CPR)		
Senior High School	41	68
Middle School	43	65
Junior/Senior High School Combined	4	75
Overall	88	67
e. Dental and oral health		
Senior High School	40	3
Middle School	43	5
Junior/Senior High School Combined	4	0
Overall	87	3
f. Emotional and mental health		
Senior High School	41	30
Middle School	42	21
Junior/Senior High School Combined	4	50
Overall	87	27
g. Environmental health		
Senior High School	40	10
Middle School	43	9
Junior/Senior High School Combined	4	0
Overall	87	9

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15. Percentage of schools in which the lead health education teacher has received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following health education topics during the past 2 years.

	N	Percent
h. First aid		
Senior High School	41	61
Middle School	43	47
Junior/Senior High School Combined	4	50
Overall	88	54
i. Foodborne illness prevention		
Senior High School	41	13
Middle School	43	28
Junior/Senior High School Combined	3	33
Overall	87	21
j. Growth and development		
Senior High School	41	12
Middle School	43	26
Junior/Senior High School Combined	4	25
Overall	88	19
k. HIV (human immunodeficiency virus) prevention		
Senior High School	40	35
Middle School	43	12
Junior/Senior High School Combined	4	50
Overall	87	24
l. Human sexuality		
Senior High School	41	12
Middle School	43	9
Junior/Senior High School Combined	4	50
Overall	88	13
m. Immunizations		
Senior High School	41	20
Middle School	43	14
Junior/Senior High School Combined	4	0
Overall	88	16
n. Injury prevention and safety		
Senior High School	41	47
Middle School	43	23
Junior/Senior High School Combined	4	75
Overall	88	37

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15. Percentage of schools in which the lead health education teacher has received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following health education topics during the past 2 years.

	N	Percent
o. Nutrition and dietary behavior		
Senior High School	41	25
Middle School	43	28
Junior/Senior High School Combined	4	50
Overall	88	27
p. Physical activity and fitness		
Senior High School	41	39
Middle School	43	40
Junior/Senior High School Combined	4	50
Overall	88	40
q. Pregnancy prevention		
Senior High School	41	12
Middle School	43	5
Junior/Senior High School Combined	4	50
Overall	88	10
r. STD (sexually transmitted disease) prevention		
Senior High School	41	25
Middle School	43	7
Junior/Senior High School Combined	4	50
Overall	88	17
s. Suicide prevention		
Senior High School	41	20
Middle School	43	9
Junior/Senior High School Combined	4	25
Overall	88	15
t. Sun safety or skin cancer prevention		
Senior High School	41	12
Middle School	43	2
Junior/Senior High School Combined	4	25
Overall	88	8
u. Tobacco-use prevention		
Senior High School	41	12
Middle School	43	23
Junior/Senior High School Combined	4	50
Overall	88	19

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15. Percentage of schools in which the lead health education teacher has received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following health education topics during the past 2 years.

	N	Percent
v. Violence prevention		
Senior High School	40	48
Middle School	43	37
Junior/Senior High School Combined	4	100
Overall	87	45

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16. Percentage of schools in which the lead health education teacher would like to receive staff development on each of the following health education topics.

	N	Percent
a. Alcohol or other drug use prevention		
Senior High School	40	75
Middle School	43	74
Junior/Senior High School Combined	4	75
Overall	87	75
b. Asthma awareness		
Senior High School	40	53
Middle School	43	60
Junior/Senior High School Combined	4	50
Overall	87	56
c. Consumer health		
Senior High School	40	55
Middle School	43	77
Junior/Senior High School Combined	4	50
Overall	87	66
d. Cardiopulmonary resuscitation (CPR)		
Senior High School	40	58
Middle School	43	53
Junior/Senior High School Combined	4	25
Overall	87	54
e. Dental and oral health		
Senior High School	40	30
Middle School	42	38
Junior/Senior High School Combined	4	50
Overall	86	35
f. Emotional and mental health		
Senior High School	39	82
Middle School	43	74
Junior/Senior High School Combined	4	50
Overall	86	77
g. Environmental health		
Senior High School	40	48
Middle School	43	67
Junior/Senior High School Combined	4	50
Overall	87	58

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16. Percentage of schools in which the lead health education teacher would like to receive staff development on each of the following health education topics.

	N	Percent
h. First aid		
Senior High School	40	58
Middle School	43	58
Junior/Senior High School Combined	4	25
Overall	87	56
i. Foodborne illness prevention		
Senior High School	40	43
Middle School	43	60
Junior/Senior High School Combined	4	50
Overall	87	52
j. Growth and development		
Senior High School	39	41
Middle School	43	67
Junior/Senior High School Combined	4	75
Overall	86	56
k. HIV (human immunodeficiency virus) prevention		
Senior High School	40	65
Middle School	43	77
Junior/Senior High School Combined	4	50
Overall	87	70
l. Human sexuality		
Senior High School	40	60
Middle School	43	74
Junior/Senior High School Combined	4	50
Overall	87	67
m. Immunizations		
Senior High School	39	39
Middle School	43	47
Junior/Senior High School Combined	4	75
Overall	86	44
n. Injury prevention and safety		
Senior High School	41	61
Middle School	42	64
Junior/Senior High School Combined	4	50
Overall	87	62

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16. Percentage of schools in which the lead health education teacher would like to receive staff development on each of the following health education topics.

	N	Percent
o. Nutrition and dietary behavior		
Senior High School	40	77
Middle School	43	81
Junior/Senior High School Combined	4	50
Overall	87	78
p. Physical activity and fitness		
Senior High School	40	55
Middle School	43	72
Junior/Senior High School Combined	4	75
Overall	87	64
q. Pregnancy prevention		
Senior High School	40	60
Middle School	43	67
Junior/Senior High School Combined	4	50
Overall	87	63
r. STD (sexually transmitted disease) prevention		
Senior High School	40	60
Middle School	43	70
Junior/Senior High School Combined	4	25
Overall	87	63
s. Suicide prevention		
Senior High School	40	77
Middle School	43	67
Junior/Senior High School Combined	4	75
Overall	87	72
t. Sun safety or skin cancer prevention		
Senior High School	40	47
Middle School	43	65
Junior/Senior High School Combined	4	25
Overall	87	55
u. Tobacco-use prevention		
Senior High School	40	43
Middle School	43	63
Junior/Senior High School Combined	4	25
Overall	87	52

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16. Percentage of schools in which the lead health education teacher would like to receive staff development on each of the following health education topics.

	N	Percent
v. Violence prevention		
Senior High School	40	77
Middle School	43	86
Junior/Senior High School Combined	4	75
Overall	87	81

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17. Percentage of schools in which the lead health education teacher has received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following teaching methods during the past 2 years.

	N	Percent
a. Teaching students with physical, medical, or cognitive disabilities		
Senior High School	40	30
Middle School	43	40
Junior/Senior High School Combined	4	75
Overall	87	37
b. Teaching students of various cultural backgrounds		
Senior High School	40	38
Middle School	43	14
Junior/Senior High School Combined	4	50
Overall	87	27
c. Teaching students with limited English proficiency		
Senior High School	40	23
Middle School	43	14
Junior/Senior High School Combined	4	25
Overall	87	19
d. Using interactive teaching methods such as role plays or cooperative group activities		
Senior High School	40	40
Middle School	42	43
Junior/Senior High School Combined	4	100
Overall	86	45
e. Encouraging family or community involvement		
Senior High School	40	33
Middle School	43	42
Junior/Senior High School Combined	4	75
Overall	87	39
f. Teaching skills for behavior change		
Senior High School	40	30
Middle School	42	31
Junior/Senior High School Combined	4	75
Overall	86	33

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17. Percentage of schools in which the lead health education teacher has received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following teaching methods during the past 2 years.

	N	Percent
g. Classroom management techniques, such as social skills training, environmental modification, conflict resolution and mediation, and behavior management		
Senior High School	40	43
Middle School	42	50
Junior/Senior High School Combined	4	75
Overall	86	48
h. Assessing or evaluating students in health education		
Senior High School	40	30
Middle School	43	30
Junior/Senior High School Combined	4	50
Overall	87	31

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18. Percentage of schools in which the lead health education teacher would like to receive staff development on each of the following topics.

	N	Percent
a. Teaching students with physical, medical, or cognitive disabilities		
Senior High School	40	68
Middle School	42	69
Junior/Senior High School Combined	4	75
Overall	86	69
b. Teaching students of various cultural backgrounds		
Senior High School	39	51
Middle School	42	57
Junior/Senior High School Combined	4	25
Overall	85	53
c. Teaching students with limited English proficiency		
Senior High School	39	51
Middle School	42	50
Junior/Senior High School Combined	4	25
Overall	85	49
d. Using interactive teaching methods such as role plays or cooperative group activities		
Senior High School	38	63
Middle School	42	71
Junior/Senior High School Combined	4	50
Overall	84	67
e. Encouraging family or community involvement		
Senior High School	40	55
Middle School	42	69
Junior/Senior High School Combined	4	50
Overall	86	62
f. Teaching skills for behavior change		
Senior High School	39	69
Middle School	42	90
Junior/Senior High School Combined	4	100
Overall	85	81

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18. Percentage of schools in which the lead health education teacher would like to receive staff development on each of the following topics.

	N	Percent
g. Classroom management techniques, such as social skills training, environmental modification, conflict resolution and mediation, and behavior management		
Senior High School	40	58
Middle School	42	76
Junior/Senior High School Combined	4	100
Overall	86	69
h. Assessing or evaluating students in health education		
Senior High School	40	87
Middle School	42	76
Junior/Senior High School Combined	4	100
Overall	86	82

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19. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following.

	N	Percent
a. Health and physical education combined		
Senior High School	37	75
Middle School	39	74
Junior/Senior High School Combined	4	75
Overall	80	75
b. Health education		
Senior High School	37	8
Middle School	39	5
Junior/Senior High School Combined	4	25
Overall	80	8
c. Physical education		
Senior High School	37	3
Middle School	39	8
Junior/Senior High School Combined	4	0
Overall	80	5
d. Other education degree		
Senior High School	37	0
Middle School	39	0
Junior/Senior High School Combined	4	0
Overall	80	0
e. Kinesiology, exercise science, or exercise physiology		
Senior High School	37	0
Middle School	39	0
Junior/Senior High School Combined	4	0
Overall	80	0
f. Home economics or family and consumer science		
Senior High School	37	0
Middle School	39	0
Junior/Senior High School Combined	4	0
Overall	80	0
g. Biology or other science		
Senior High School	37	0
Middle School	39	0
Junior/Senior High School Combined	4	0
Overall	80	0

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19. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following.

	N	Percent
h. Nursing		
Senior High School	37	11
Middle School	39	13
Junior/Senior High School Combined	4	0
Overall	80	11
i. Counseling		
Senior High School	37	0
Middle School	39	0
Junior/Senior High School Combined	4	0
Overall	80	0
j. Public health		
Senior High School	37	3
Middle School	39	0
Junior/Senior High School Combined	4	0
Overall	80	1
k. Nutrition		
Senior High School	37	0
Middle School	39	0
Junior/Senior High School Combined	4	0
Overall	80	0
l. Other		
Senior High School	37	0
Middle School	39	0
Junior/Senior High School Combined	4	0
Overall	80	0

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19N. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following.*

	N	Percent
Health education or health and physical education combined (a or b)		
Senior High School	37	83
Middle School	39	79
Junior/Senior High School Combined	4	100
Overall	80	82
Physical education, kinesiology, exercise science or exercise physiology (c or e)		
Senior High School	37	3
Middle School	39	8
Junior/Senior High School Combined	4	0
Overall	80	5
Home economics or family and consumer science, biology or other science, or nutrition (f, g, or k)		
Senior High School	37	0
Middle School	39	0
Junior/Senior High School Combined	4	0
Overall	80	0
Nursing or counseling (h or i)		
Senior High School	37	11
Middle School	39	13
Junior/Senior High School Combined	4	0
Overall	80	11
Public health or other (j or l)		
Senior High School	37	3
Middle School	39	0
Junior/Senior High School Combined	4	0
Overall	80	1

*Multiple responses to question 19 are combined.
N=Unweighted number of observations

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20. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle/junior high school or senior high school.

	N	Percent
Senior High School	40	97
Middle School	43	98
Junior/Senior High School Combined	4	100
Overall	87	98

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21. Percentage of schools in which the lead health education teacher had the following number of years' experience in teaching health education classes or topics.

	N	Percent
a. 1 year		
Senior High School	40	0
Middle School	42	7
Junior/Senior High School Combined	4	0
Overall	86	3
b. 2 to 5 years		
Senior High School	40	18
Middle School	42	17
Junior/Senior High School Combined	4	50
Overall	86	19
c. 6 to 9 years		
Senior High School	40	15
Middle School	42	24
Junior/Senior High School Combined	4	25
Overall	86	20
d. 10 to 14 years		
Senior High School	40	25
Middle School	42	17
Junior/Senior High School Combined	4	0
Overall	86	20
e. 15 years or more		
Senior High School	40	42
Middle School	42	36
Junior/Senior High School Combined	4	25
Overall	86	38