



## thrive e-Academy

ONLINE PROFESSIONAL DEVELOPMENT FOR  
RI TEACHERS OF HEALTH

### *Teaching Abstinence in Comprehensive School Health Programs*



- *Open to all Rhode Island Teachers of Health*
- *No Registration Fee!*
- *Earn 30 Contact Hours upon successful completion!*
- *Flexible schedule... no need to log in at any specific times*
- *All learning modules and assignments take place on-line.*
- *Must have computer with Internet access (preferably high-speed) and MS Word*
- *Other software can be downloaded for free (e.g. Adobe Reader & Flash Player)*
- *Must complete weekly assignments & participate actively in online discussions*

### Course Facilitator

**Annie Silvia** - HIV/Sexuality/Family Life Specialist, Rhode Island Department of Education

### Course Goal

Participants will gain the knowledge and skills necessary to effectively teach about sexual abstinence to youth in a way that focuses on best practices, respect, and correct information.

### Course Objectives

Participants will be able to:

- ❑ Define abstinence in relation to sexual activity
- ❑ Be able to cite the differences between comprehensive sexuality education and abstinence-only education
- ❑ Teach about sexuality in a way that is comfortable for both teacher and student
- ❑ Identify the characteristics that run through examples of effective, comprehensive, curriculum-based sexuality programs.
- ❑ Identify the misinformation that often surrounds abstinence-only education.
- ❑ Identify the fear tactics often used within abstinence-only education.
- ❑ Know how the differences in race, culture, and sexual orientation affect the effectiveness of programming and lesson plans.
- ❑ Learn to define risk and protective factors and recognize them within your own classroom

***Sponsored by the Rhode Island  
Department of Education***

**To Register:** Contact Marjorie Degnan at 222-8944 or [marjorie.degnan@ride.ri.gov](mailto:marjorie.degnan@ride.ri.gov)

**For more information:** Contact Annie Silvia at 401-222-8951 or [AnneMarie.Silvia@ride.ri.gov](mailto:AnneMarie.Silvia@ride.ri.gov)